

Table 1 Characteristics of people with a major depressive episode (MDE)

Type	Mild (%)	Moderate (%)	Severe (%)	Mean	Mean	
				duration (months)	Male age (years)	
Remitted first	36	31	32	6.1	36	40
MDE (n=216)						
Remitted recurrent	25	35	41	4.9	25	37
MDE (n=118)						

MDE, major depressive episode.