

Web-only Table Outcomes at 2 years after index episode

Outcome	Number with outcome (%)	Median latency, weeks (95% CI)
Switch to new illness	32 (19)	3.4 (2.4 to 5.3)
Depression	22 (13)	3.9 (2.1 to 7.7)
Mixed state	7 (4.2)	3.0 (2.3 to 5.3)
Psychosis (no mania)	3 (1.8)	3.1 (1.3 to 6.0)
New illness onset		26.3 (20.3 to 31.9)
Mania or mixed state		31.6 (22.4 to 35.0)
Relapse		Not stated
Recurrence		32.6 (22.4 to 34.9)
Depression		17.7 (8.9 to 26.3)
Relapse		4.6 (1.3 to 5.1)
Recurrence		31.9 (19.1 to 85.6)