Mirtazapine plus citalopram has short term but not longer term benefits over citalopram alone for the symptoms of obsessive compulsive disorder


Q Does mirtazapine plus citalopram improve symptoms of obsessive compulsive disorder more than citalopram alone?

CONCLUSIONS

At 4 weeks, citalopram plus mirtazapine improves OCD symptoms compared with citalopram plus placebo, but there are no additional benefits at 12 weeks.

METHODS

MAIN RESULTS

At 4 weeks, citalopram plus mirtazapine significantly reduced OCD symptoms compared with citalopram plus placebo, although there was no significant difference between groups at 12 weeks (mean reduction in YBOCS scores at 4 weeks: 4.0 with citalopram plus placebo v 12.7 with citalopram plus mirtazapine, p<0.001; mean reduction in YBOCS scores at 12 weeks: 17.3 with citalopram plus placebo v 19.7 with citalopram plus mirtazapine, not significant).

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