

## **Supplementary Material 1**

### **Avatar-MBT: Interview Schedule**

v1 18.12.15

#### **1. How was your experience of using ProReal?**

- a) Was it easy to use?
- b) Was the software engaging/inviting/interesting?
- c) Did the software do what you wanted it to do?
- d) Were there any features that you liked a lot or used a lot?
- e) Were there any features that you did not like or did not use a lot?

#### **2. Have you found your experience with ProReal (un)helpful?**

- a) Was there any instance when ProReal was helpful?
- b) What changes do you think have happened because of using ProReal?
- c) Have you learned anything after using ProReal during therapy? What?
- d) Were there any specific features that were useful? What were they?
- e) Was there any instance where ProReal was unhelpful or got in the way?

#### **3. What did you think about the number of ProReal sessions?**

- a) Was 4 sessions enough or would you have preferred less or more sessions? Why?
- b) Do you have a preference for using ProReal in the one-to-one or group therapy sessions? Why? What about self-guided?

#### **4. Do you have any questions or would you like to add anything?**