

# Evidence-Based Mental Health

## Contents

<b>Purpose and procedure</b> .....	2	test properties for use in general clinical populations of North American women.....	20
<b>EBMH notebook</b>		<b>Prognosis</b>	
<i>Evidence-Based Mental Health: the first year</i> .....	4	Age, previous conviction, and psychopathic disorder were associated with conviction after discharge from high security hospitals.....	21
Evidence-based child psychiatry and the two solitudes..	6	Baseline depressive symptoms were associated with smoking initiation in adolescents.....	22
<b>Other articles noted</b> .....	8	Most patients with a first episode of major depressive disorder experienced multiple levels of depressive symptoms over time.....	23
<b>Therapeutics</b>		Tic symptoms in Tourette's syndrome reached their worst level of severity in middle childhood and then declined.....	24
Portage home based programme for preterm infants did not provide a developmental advantage at 2 years of age.....	9	Concern about body integrity and a good physical appearance were associated with poorer psychosocial adjustment after treatment for breast cancer.....	25
Exposure with response prevention in addition to cognitive behavioural therapy did not decrease bulimic behaviours.....	10	<b>Aetiology</b>	
Cognitive behavioural self help reduced binge eating in women.....	11	Self reported depressive symptoms were associated with an increased risk of mortality from stroke.....	26
Multidimensional treatment foster care was more effective than group care for chronic juvenile offenders..	12	Review: the risk of neonatal mortality is increased in pregnant women who continue to use heroin while receiving methadone.....	27
Review: antidepressants reduce pain intensity in psychogenic pain or somatoform pain disorder.....	13	Recently widowed people were at greater risk of dying than married people.....	28
Interpersonal therapy alone and supportive therapy plus antidepressant drugs were most effective for depression in HIV positive patients.....	14	Risk of several psychiatric disorders was increased in relatives of anorexics and bulimics.....	29
Review: hydergine leads to greater global improvement and greater improvement on comprehensive rating scales in dementia.....	15	Review: assumed properties of child sexual abuse are not borne out in college student samples.....	30
The Community Reinforcement Approach decreased alcohol intake in homeless alcoholics.....	16	Abrupt termination of fluoxetine for depression led to an increase in dizziness and somnolence.....	31
Review: reality orientation improves cognitive functioning and behaviour in dementia.....	17	<b>Economics</b>	
Cognitive behavioural therapy improved symptoms in chronic schizophrenia.....	18	Standardised nortriptyline and psychotherapy were more effective and more expensive than usual care in major depression.....	32
Review: non-parental daycare promotes disadvantaged children's intelligence, development, and school achievement.....	19	<b>Glossary</b> .....	Inside back cover
<b>Diagnosis</b>			
Review: some alcohol screening tests have acceptable			