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Evidence-Based Mental Health

Evidence-Based Mental Health aims to "engage" psychiatrists and psychologists, particularly younger professionals, in the challenge of basing their practice on evidence. It aims to provide material to allow professionals to develop the necessary skills, practice evidence-based mental health in their own practices, and keep up to the latest evidence in the field and the ever expanding suite of evidence-based approaches, joining the growing community of people with active interest in EBMH across the world.

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An enormous amount of work goes on behind the scenes to make sure that *Evidence-Based Mental Health* provides you with all the information you need. We scan over 50 journals and around 25 000 articles a year so that we can identify the most important and valid 96 research articles and publish them in the journal. This means that if you read *Evidence-Based Mental Health*, you'll get all the important research material you need in just 4 issues that are published throughout the year, saving you all important time to concentrate on other things.

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*What do evidence-based secondary journals tell us about the publication of clinically important articles in primary healthcare journals?; Kathleen Ann McKibbin, Nancy LWilczynski and Robert Brian Haynes, Sept 2004. Available at BioMed Central: <http://www.biomedcentral.com/1741-7015/2/33>.

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