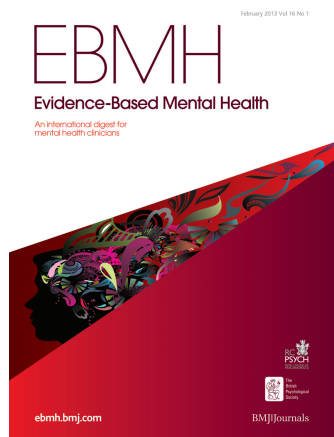


# Evidence-Based Mental Health



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February 2013 Vol 16 No 1

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EDITOR'S CHOICE

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EDITOR'S CHOICE

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- 23 Perceived daily psychological demands in healthy adults not taking blood pressure medication are associated with progression of carotid atherosclerosis
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### Prevalence

- 28 Self-harm is common in adolescents in England

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