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Evidence-Based Mental Health surveys a wide range of international medical journals applying strict criteria for the quality and validity of research. Practising clinicians assess the clinical relevance of the best studies in mental health. The key details of these essential studies are presented in a succinct, informative abstract with an expert commentary on its clinical application.

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*What do evidence-based secondary journals tell us about the publication of clinically important articles in primary healthcare journals? Kathleen Ann McKibbin, Nancy L Wilczynski and Robert Brian Haynes, Sept 2004. Available at BioMed Central: <http://www.biomedcentral.com/1741-7015/2/33>.

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Contact Details

Editorial Offices

Alan Lovell, Bazian Ltd, 10 Fitzroy Square, London W1T 5HP, UK
T: +44 (0)20 7874 1593
F: +44 (0)20 7388 3101
E: alan.lovell@bazian.com

BMJ Publishing Group Ltd, BMA House, Tavistock Square, London WC1H 9JR, UK
T: +44 (0)20 7387 6057
F: +44 (0)20 7383 6668
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Nadia Gurney-Randall
T: +44 (0)20 8445 5825
M: +44 (0)7866 262344
F: +44 (0)20 8445 5870
E: ngurneyrandall@bmjgroup.com

Commercial Reprints (USA & Canada)

Marsha Fogler
T: +1 800 482 1450 (toll free in the USA)
T: +1 856 489 4446 (outside the USA)
F: +1 856 489 4449
E: mfogler@bmjgroup.com



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