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Evidence-Based Mental Health surveys a wide range of international medical journals applying strict criteria for the quality and validity of research. Practising clinicians assess the clinical relevance of the best studies in mental health. The key details of these essential studies are presented in a succinct, informative abstract with an expert commentary on its clinical application.

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*What do evidence-based secondary journals tell us about the publication of clinically important articles in primary healthcare journals? Kathleen Ann McKibbin, Nancy L Wilczynski and Robert Brian Haynes, Sept 2004. Available at BioMed Central: <http://www.biomedcentral.com/1741-7015/2/33>.

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