

# Evidence-Based Mental Health

## Contents

Purpose and procedure.....	66	Long term amphetamine treatment improved behaviour in children with attention deficit hyperactivity disorder.....	86
Other articles noted.....	67	Methylphenidate improved symptoms in children and adolescents with conduct disorder independent of ADHD severity.....	87
EBMH notebook.....	68	Donepezil improved cognitive and global function in mild to moderate Alzheimer's disease.....	88
<b>Therapeutics</b>		Review: professional or social support reduce postpartum depression.....	89
Outreach treatment was as effective as hospital treatment for comorbid intellectual disabilities and psychiatric disorders.....	73	<b>Diagnosis</b>	
Assessment and follow up of depressed patients by practice nurses was similar to care by GPs.....	74	A checklist and structured lay interview had low agreement but comparable validity for childhood psychiatric disorders.....	90
Brief, non-directive psychotherapy and GP care both improved patients' emotional difficulties.....	75	<b>Prognosis</b>	
Review: cognitive therapy has a beneficial effect equivalent to behaviour therapy and that of antidepressants in patients with mild to moderate depression.....	76	Review: patients who have schizophrenia have increased mortality from all causes, natural causes, and unnatural causes.....	91
Review: heterocyclic antidepressants and rational psychological therapies are effective in older patients with mild to moderate depression.....	77	Higher female rates of clinical depression began to emerge between 13 and 15 years.....	92
Review: bona fide psychotherapies are similar in effectiveness.....	78	<b>Aetiology</b>	
Fluoxetine reduced impulsive aggressive behaviour in patients with a personality disorder.....	79	Early attentional difficulties were associated with later academic failure and arrests.....	93
Family therapy improved outcomes in patients with early onset and short history anorexia nervosa.....	80	Review: apolipoprotein E $\epsilon$ 4 allele is a risk factor for Alzheimer's disease in different ethnic groups.....	94
Review: family or couples therapy is more effective than non-family therapy for drug abuse.....	81	Adolescent drug use was associated with psychiatric disorders in young adulthood.....	95
Clozapine reduced symptoms and side effects in patients who had refractory schizophrenia.....	82	<b>Quality improvement</b>	
Review: chlorpromazine reduces relapse but increases adverse events in schizophrenia.....	83	Caregiver teamwork improved psychotropic drug prescribing in nursing homes.....	96
Cognitive behavioural therapy improved overall symptomatology in patients with medication resistant psychosis.....	84	<b>Glossary</b> .....	Inside back cover
Haloperidol plus amitriptyline was superior to risperidone in a psychotic and depressive syndrome....	85		