Individualised treatment improves depression in people with depression and diabetes


Q Does an individualised treatment programme improve depression in people with depression and diabetes mellitus?

CONCLUSIONS AND NOTES

A programme of individualised depression treatment is more effective than usual care for treating depression in people with depression and diabetes.

Expressing the results as odds ratios when the event rates are high can be misleading if interpreted as a relative risk. In this case, it overstates the relative risk, which we calculate to be 1.4.

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