Editorial
97 Digital technology: coming of age?
L Marzano, C Hollis, A Cipriani, G S Malhi

Perspective
98 Developing digital interventions for people living with serious mental illness: perspectives from three mHealth studies
B Blagianti, D Hidalgo-Mazzei, N Meyer

Clinical reviews
102 The promise of digital mood tracking technologies: are we heading on the right track?
G S Malhi, A Hamilton, G Morris, Z Mannie, P Das, T Outhred

107 Digital mental health and intellectual disabilities: state of the evidence and future directions
R Sheehan, A Hassiotis

Original articles
112 Proportionate methods for evaluating a simple digital mental health tool
E B Davies, M P Craven, J L Martin, L Simons

118 A qualitative study of a blended therapy using problem solving therapy with a customised smartphone app in men who present to hospital with intentional self-harm
C Mackie, N Dunn, S MacLean, V Testa, M Heisel, S Hatcher

123 Adjunctive avatar therapy for mentalization-based treatment of borderline personality disorder: a mixed-methods feasibility study
C J Falconer, P Cutting, E B Davies, C Hollis, P Stallard, P Moran

Acceptability of the Fitbit in behavioural activation therapy for depression: a qualitative study

Users’ experiences of an online intervention for bipolar disorder: important lessons for design and evaluation
A L Dodd, S Mallinson, M Griffiths, R Morris, S H Jones, F Lobban

Problem-based, peer-to-peer global mental health e-learning between the UK and Somalia: a pilot study
R Murphy, E Clissold, R C Keynejad

Injury talk: spontaneous parent–child conversations in the aftermath of a potentially traumatic event
E Alisic, S Gunaratnam, A Barrett, R Conroy, H Jowett, S Bressan, F E Babl, R McClure, V Anderson, M R Mehl

S Leigh, J Ouyang, C Mimbagh