Evidence-Based Mental Health

Evidence-Based Mental Health aims to “engage” psychiatrists and psychologists, particularly younger professionals, in the challenge of basing their practice on evidence. It aims to provide material to allow professionals to develop the necessary skills, practice evidence-based mental health in their own practices, and keep up to the latest evidence in the field and the ever expanding suite of evidence-based approaches, joining the growing community of people with active interest in EBMH across the world.

From the Editor

The scope of Evidence-Based Mental Health is to introduce and promote the practice of evidence-based medicine in mental health across the world. This means that we are not interested in simply selecting and disseminating the best evidence by itself. Scientific literature is continuously made available (sometimes too much and too often misleading) with websites and other sources regularly updating, almost in real time, with the latest content. Our mission is rather different. We want to help interested readers learn how to select and use the best available evidence to answer their questions and markedly improve their own clinical practice. This journal should be seen (and built) as a tool to learn how to practice evidence-based medicine in the context of specific and diverse mental health clinical settings across the world.

Despite the fact that practicing within the frame of evidence-based medicine is the most robust approach we have today to create and limit risks for our patients, practicing evidence-based medicine is not a one-size-fits-all approach. Evidence-based medicine is not like following a recipe: it is not a warranty of clinical success and it is challenging because it requires medical knowledge, critical appraisal and clinical skills. Moreover, practicing in an evidence-based medicine manner can be harder in mental health because psychiatry and clinical psychology have specific features that are unique from and different to the rest of medicine. The editorial board welcomes any feedback, positive or negative (but constructive), and look forward to interaction and collaboration with our readers to make EBMH as useful, meaningful and fun as possible.

@And_Cipriani http://blogs.bmj.com/ebmh/

Subscription Information

Evidence-Based Mental Health is published quarterly.

Institutional Rates 2016

Print £344; US$671; €465

Online Only

Site licences are priced on FTE basis and allow access by the whole institution.

ISSN 1362-0347 (print) ISSN 1468-960X (online)

Personal Rates 2016

Print (includes online access at no additional cost) £139; US$272; €188

Online only £77; US$151; €104

British Psychological Society members Print (includes online access at no additional cost) £61 £35

Royal College of Psychiatrists members Print (includes online access at no additional cost) £13.20; US$19.50; €13.50

Online Only

Free as a member benefit through www.rcpsych.ac.uk

For all other EBMH journal contacts http://ebmh.bmj.com/site/help/index.xhtml

Contact Details

Editorial Office
BMJ Publishing Group Ltd, BMA House, Tavistock Square, London WC1H 9JR, UK
T: +44 (0)20 7387 6057
http://ebmh.bmj.com/fora

Content Editor
Rachel Maynard
For ScholarOne queries E: info.ebmh@bmj.com
For Production queries E: production.ebmh@bmj.com

Permissions
See http://group.bmj.com/permissions

Subscriptions
For all subscription enquiries and orders T: +44 (0)20 7111 1105
W: support.bmj.com

Display Advertising Sales
Sophie Fitzsimmons (Sales Manager) T: +44 (0)20 7383 6783
E: sfitzsimmons@bmj.com
http://group.bmj.com/advertising

Online Advertising Sales
Marc Clifford (Sales Manager) T: +44 (0) 20 7383 6161
E: mclifford@bmj.com
http://group.bmj.com/advertising

Advertising Sales (USA & Canada)
Jim Cunningham T: +1 201 767 4170
E: jcumingham@cunnasso.com

Author Reprints
T: +44 (0)20 7383 6305
E: admin.reprints@bmj.com

Commercial Reprints (except USA & Canada)
Nadja Gurney-Randall T: +44 (0)20 8445 5825
M: +44 (0)7865 263244
E: ngurneyrandall@bmj.com

Commercial Reprints (USA & Canada)
Ray Thibodeau T: +1 267 895 1758
M: +1 215 933 8484
E: ray.thibodeau@contentednet.com

For all other EBMH journal contacts http://ebmh.bmj.com/site/help/index.xhtml