Evidence-Based Mental Health - Would you rather read 25 000 articles or 96?

An enormous amount of work goes on behind the scenes to make sure that Evidence-Based Mental Health provides you with all the information you need. We scan over 50 journals and around 25,000 articles a year so that we can identify the most important and valid 96 research articles and publish them in the journal. This means that if you read Evidence-Based Mental Health, you'll get all the important research material you need in just 4 issues that are published throughout the year, saving you all important time to concentrate on other things.

To further emphasise the point, a study*, found that you'd have to read 227 articles in the Lancet or 118 articles in the New England Journal of Medicine to get the relevant information that would be contained in 1 Evidence-Based Mental Health article.

What’s more, Evidence-Based Mental Health includes the “Et al” section which includes mentions of high-quality articles that were not abstracted but are still recommended reading. This means that you have a ready-made list of extra reading for you to use. And all the articles are rated for clinical relevance and newsworthiness so you’ll be able to quickly and clearly see how relevant the article will be to you, again saving you time.

So for time-saving, distilled research information make sure you subscribe to Evidence-Based Mental Health.