EBMH Notebook

Kid’s stuff .................................................. 98

Alcohol consumption in pregnancy as a risk factor for later mental health problems .......... 98

Evidence-based treatment of adolescent major depression ................................. 100

Et al .......................................................... 103

Prognosis

Severe mental illness increases the risk of death from coronary heart disease or stroke ....... 105

Poor insight increases relapse and re-admission to hospital in people with non-affective psychosis ...... 106

Diagnosis

Review: Diagnosing depression in primary care—ultra-short screening instruments may have limited use ... 107

Therapeutics

Review: Benefits of antidepressants outweigh risks of suicidal ideation and attempts in children and adolescents ....... 108

Antidepressants are not an effective adjunct to mood stabilisers for bipolar depression .............. 109

Review: Training patients to recognise and manage early warning signs delays recurrence of bipolar disorder .................. 110

Review: Adding second generation antipsychotics to mood stabilisers reduces acute mania symptoms ...... 111

Different antipsychotics produce similar, small improvements in psychosocial functioning at one year in people with schizophrenia .................. 112

Review: Adding SSRIs to antipsychotics does not improve negative symptoms in people with schizophrenia .................. 113

Review: Slow repetitive transcranial magnetic stimulation reduces auditory hallucinations in people with schizophrenia .................. 114

Review: Antidepressants improve depression in people with Alzheimer’s disease .................. 115

Review: Trauma-focused psychological treatments improve post-traumatic stress disorder symptoms .... 117

Eye movement desensitisation and reprocessing reduces PTSD symptoms compared with fluoxetine at six months post-treatment .................. 118

Brief motivational counselling does not reduce alcohol consumption in people with high alcohol intake ...... 119

Watching a video of themselves experiencing delirium tremens reduces relapse rates for up to three months in people with severe alcohol dependence .................. 120

Problem-solving therapy improves social functioning in people with personality disorder .................. 121

Family therapy does not improve outcomes in adolescents with bulimia nervosa compared to CBT guided self-care .................. 122

Toddler-parent psychotherapy increases secure attachment between toddlers and mothers who have experienced major depressive disorder .................. 123

Adding multimodal behavioural therapy to methylphenidate does not improve ADHD outcomes ...... 124

Parenting training improves problem behaviour in children at risk of conduct disorder .................. 125

Aetiology

History of severe mental illness is more common in men convicted of a sexual offence than in men in the general population .................. 126

Prevalence

Increasing incidence of some neuropsychiatric disorders in Danish children .................. 127

A third of men and 15% of women discharged from medium secure forensic psychiatry services in the UK re-offend .................. 128

Electronic pages

Purpose and procedure ........................................ e2